Passing the Bar: A Quick Reference Guide For Today’s Law Student  
Allie Robbins

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Prepare Your Family Before the Bar Study Period Begins

Although bar study is very isolating, it is also a time when help from loved ones can be quite helpful. Seek out the help you need early, and often. You need to prepare your loved ones for the bar study period. They will be thrilled to celebrate your graduation with you, and will think you are done with the time-consuming journey of law school. They have seen you stress out about exams throughout law school, and they have watched you succeed. They will not understand the intensity of the bar study period. Even loved ones who themselves have taken the bar are unlikely to remember just how much they needed to study.

As discussed in Chapter 17, you will have time to spend with your loved ones and do fun things, but you will have to be very disciplined about your time and carefully schedule your activities.

I have seen students fail the bar because they were not given the space they needed by their families. It is not enough for your loved ones to say they support you. They must actively support you every day. That means giving you the time and space you need to focus only on your studies. It would be a nice bonus if they took care of meal prep and laundry for you too. The following chapter is written for you to share with your loved ones. Keep talking to them about the intensity of bar study, until it starts to sink in.

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